



# Ramsbottom Amateur Swimming Club (ASC)

## Member's Code of Conduct

### General behaviour

1. I will display a high standard of behaviour and treat all members of, and persons associated with, the club with dignity and respect.
2. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated.
3. I will always report any poor behaviour by others to an appropriate officer or member of staff.
4. I will recognise and celebrate the good performance and success of fellow club and team members.
5. I will respect the privacy of others, especially in the use of changing facilities.

### Training

1. I will treat my coach and fellow members with respect, will listen to what my coach is telling me at all times and follow any instructions given.
2. I will make my coach aware if I have difficulties in attending or within training sessions.
3. I will arrive in good time on poolside **before** the training session starts to complete poolside warm up as directed by my coach.
4. I understand that if I arrive late, I must report to my coach before entering the pool.
5. I will ensure that I have all of my equipment with me, e.g. hats, goggles, flippers etc.
6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
7. I will always swim to the wall as I would do in a race, and I will practice turns as instructed.
8. I will not stop and stand in the lane, pull on the ropes, skip lengths or sets.

### Competitions

1. At all internal and external competitions, I will always behave in a manner that shows respect to my coach, the officers, my team mates and the members of all competing organisations.
2. I understand that I will be required to attend events and galas that the club has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant coach.
3. I understand that I must wear appropriate club swimwear, T-shirts/shorts and hats.
4. I will report to my coach and/or team manager on arrival on poolside and will warm up before the event as directed by the coach in charge.
5. I will be part of the team, support my team mates and stay with the team on poolside.
6. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
7. After my race, I will report to my coach for feedback.
8. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.

## Parent's Code of Conduct

1. I will provide details of any health conditions/concerns relevant to my child, will report any changes and ensure that the organisation has up-to-date contact details for me and for any alternative person(s) as required.
2. I will deliver and collect my child punctually to and from training sessions/events and ensure my child is properly and adequately attired. I will inform a member of the coaching staff if there is an unavoidable problem.
3. I will encourage my child to obey the rules and in doing so help them to enjoy the sport and to achieve to the best of their ability.
4. I will behave responsibly as a spectator during training/events and treat members, coaches, committee members and other parents of members of both my child's organisation and any other organisation with due respect, in accordance with the ASA commitment to equality and diversity.
5. I will support the coach and committee appropriately and raise any concerns I may have in an appropriate manner to the welfare officer. If I wish to have a discussion with the coach, I will check with the welfare officer as to how this can be arranged.

The club will:

1. Inform you at once if your child becomes ill and will ensure their wellbeing until you are able to collect him/her.
2. Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
3. Ensure all activities are properly supervised/ taught/coached and that consent is obtained for any activity outside of that previously agreed.

You have a right to:

1. Make a complaint to the organisation if you feel the organisation or a member of the organisation is not acting appropriately or in accordance with ASA/organisation rules and regulations. Details of how to do this can be obtained from the welfare officer.
2. Make a complaint on behalf of your child to the ASA Office of Judicial Administration.